

KASP 2017 Conference

November 3 & 4, 2017

Course Description

The Kansas Association of Sleep Professionals conference will provide health care professionals working in the field of sleep medicine, strategies and best practices for improving the health care of patients.

Target Audience

Sleep technologists, physicians, advanced practice nurses, nurses, respiratory therapists and other allied health care specialists, and students

Objectives

At the completion of this conference, participants should be able to:

- Recognize the importance of sleep for health, well-being, and public safety, and their role in promoting the most up-to-date sleep medicine services.
- Evaluate the skills necessary to accurately assess sleep patients.
- Discuss clinical situations when collaborative care is required with a sleep disorders specialist.

Planning Committee

- Chris Teague, RPSGT; Sleep Medicine Center of Kansas
- Jennifer James, CCSH, RPSGT; Sleep Disorders Center, Overland Park Regional Medical Center
- Michael Anderson, Ph.D., LP, DABSM; Kansas Pulmonary and Sleep
- Debra Turner, CRT; President & Owner of Sleep Resolutions, Inc.
- Deb Campbell, RPSGT, REEGT; Colmery O'Neil VA Medical Center
- Henry L. Johns, BS, RPSGT, CRT, CPFT; Department of Veterans Affairs, Eastern Kansas Health System, Supervisory Program Specialist, Clinical Specialty Labs
- Mary Beth Warren, M.S., RN, Executive Director, KU Medical Center Area Health Education Center
- Sherry Pryor, Senior Coordinator, KU Medical Center Area Health Education Center

Cancellation

Pre-registration by **October 20, 2017** is your only guarantee of space, lunch, and handout material. A registrant may cancel no later than **October 20, 2017** to receive a refund, minus a \$15.00 administrative fee. After that time, no refunds are made. The sponsors reserve the right to cancel this program in the event of insufficient registration. The sponsors will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

Nondiscrimination Statement

The University of Kansas prohibits discrimination on the basis of race, color, ethnicity, religion, sex, national origin, age, ancestry, disability, status as a veteran, sexual orientation, marital status, parental status, gender identity, gender expression and genetic information in the University's programs and activities. The following person has been designated to handle inquiries regarding the non-discrimination policies: Director of the Office of Institutional Opportunity and Access, IOA@ku.edu, 1246 W. Campus Road, Room 153A, Lawrence, KS, 66045, (785)864-6414, 711 TTY.

Continuing Education Credit

All participants requesting continuing education credit must complete documentation of attendance and evaluation form online. The link, instructions, and deadlines for completion will be distributed at sign-in on November 3 and 4, 2017. Continuing education certificates will also be available online. Participants completing the documentation of attendance online will be notified via e-mail when the certificates are available.

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of Kansas Medical Center Office of Continuing Medical Education and the Kansas Association of Sleep Professionals. The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The KU Medical Center Office of Continuing Medical Education designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Advance Practice Nurses/Nurses: The University of Kansas Medical Center Area Health Education Center West is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 12 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number: LT0086-1149. Karen Aufdemberge BSN, RN, Coordinator.

AAST: Credit application has been made to The American Association of Sleep Technologists.

RT: Application for respiratory continuing education credit has been made to The University of Kansas Hospitals CEU Evaluator.

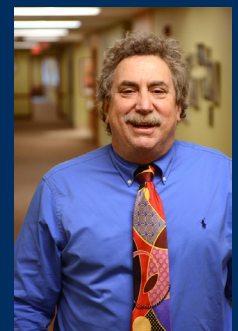
Continuing education credit will be issued according to documented attendance.

All other attendees will receive a certificate of attendance.

In Memory

William Leeds, DO, DABSM (1955 - 2017)

One of the founding members of KASP. This association began as a way to unite best practices. He worked tirelessly to promote sleep health and improve the lives of Kansans. Dr. Leeds was to many a great friend and dedicated physician.



Agenda

Friday, November 3, 2017

- 8:00 - 8:45 a.m. **Registration**
- 8:45 - 9:00 a.m. **Welcome and Announcements**
- 9:00 - 10:00 a.m. **The National Sleep Foundation Sleep Health Initiatives**
Max Hirshkowitz, PhD, DABSM; Consulting Professor, Stanford University, Stanford, Calif.; Full Professor (Emeritus), Department of Medicine, Baylor College of Medicine, Houston, Texas
- 10:00 - 10:15 a.m. **Break**
- 10:15 - 11:15 a.m. **Integration of Internal and External Stimuli by Sleep Regulating Centers**
Stephane Dissel, Ph.D.; Sleep Research Lab, Washington University School of Medicine, St. Louis, Mo.
- 11:15 - 12:15 p.m. **Pharmacological Advancements in the Treatment of Narcolepsy and Other Disorders of Excessive Somnolence**
Scott Eveloff, M.D., DABSM; Medical Director, American Sleep Medicine, Leewood, Kan.
- 12:15 - 1:45 p.m. **Lunch**
- 1:45 - 2:45 p.m. **Assessing Sleep Wearable & In-bedroom Devices: Consumer Technology Association Standards Work**
Max Hirshkowitz, Ph.D., DABSM
- 2:45 - 2:55 p.m. **Break**
- 2:55 - 3:55 p.m. **Female Sleep: Infancy to Menopause**
Robyn Woidtke, MSN, RN, RPSGT, CCHS; RVW Clinical Consulting, Castro Valley, Calif.
- 4:00 - 5:00 p.m. **Pediatric OSA in Obesity: Challenges in Treatment**
Baha Al-Shawwa, M.D., FCCP; Associate Professor, The University of Kansas School of Medicine, Kansas City, Kan.; Director of Sleep Medicine, Sleep Medicine Fellowship Program Director, Department of Pediatrics, Division of Pulmonology and Sleep Medicine, Children's Mercy Kansas City, Kansas City, Mo.
- 5:00 - 7:00 p.m. **Meet and Greet/Vendor Viewing**

Saturday, November 4, 2017

- 8:00 - 8:45 a.m. **Registration**
- 8:45 - 9:00 a.m. **Announcements**
- 9:00 - 10:00 a.m. **Insomnia Treatment in the Context of Predisposing Factors**
Paul Glovinsky, Ph.D.; St. Peter's Sleep Center, Albany, N.Y.
- 10:00 - 10:15 a.m. **Break**
- 10:15 - 11:15 a.m. **AASM Gold Standard Scoring**
Michael Zachek, M.D.; Pulmonologist, Intensivist, Sleep Specialist, Grave-Gilbert Clinic, Bowling Green, Ky.
- 11:15 - 12:15 p.m. **Risk Management in the Sleep Center**
Michael Zachek, M.D.
- 12:15 - 1:15 p.m. **Hypoglossal Nerve Stimulation - A Novel Treatment for OSA**
Suzanne Stevens, M.D.; Clinical Assistant Professor, Dept. of Neurology, University of Kansas Medical Center, Kansas City, Kan.

Conference Hotel Information

DoubleTree by Hilton Kansas City-Overland Park
10100 College Blvd.
Overland Park, KS 66210
Phone: (913) 451-6100

Room Rates: \$117 - per night for single/double occupancy
Sleeping room rates will be offered to attendees, based on availability of contracted rooms.

Group Name: KS Association of Sleep Professionals 2017 Conference.

To book a room online visit: <http://group.doubletree.com/KSAssocSleepProf2017Conf>

Registration Form

Registration

Registration fees postmarked before 10/20/17 are:

\$125 - Full Conference Registration (\$175 after 10/20/17)

\$75 - Single Day Registration (\$125 after 10/20/17)

Pre-registration is your only guarantee of space and lunch. **Pre-registration cut-off is October 20, 2017 at 4:00 p.m. After Oct. 20, 2017, only at-door registrations will be accepted (if space is available).** Registrations will not be processed until payment is received. Purchase orders from organizations will be accepted. VISA, MasterCard and Discover accepted.

Ways to Register

Online: www.kumc.edu/AHECcalendar

Mail: Complete registration form below. Mail to:

KU Medical Center AHEC

1501 S Joplin

Shirk Hall, 4th Floor

Pittsburg, KS 66762

Phone: (620) 235-4040

Fax: (620) 235-4041

Program Accessibility

We accommodate persons with disabilities. Please call (620) 235-4040 or mark the space provided on the registration form and a KU Medical Center AHEC continuing education representative will contact you to discuss your needs.

For Additional Information

Contact KU Area Health Education Center at (620) 235-4040.

All participants requesting continuing education credit must complete documentation of attendance and evaluation form online. The link, instructions, and deadlines for completion will be distributed at sign-in on November 3 and 4, 2017. Continuing education certificates will also be available online. Participants completing the documentation of attendance online will be notified via e-mail when the certificates are available.

KASP 2017 Conference • November 3 & 4, 2017

Name _____ Professional License # _____

Place of Employment _____

AAST Membership # _____ County _____

Please check (✓) preferred address:

Work Mailing Address (street, city, state, zip) _____

Home Mailing Address (street, city, state, zip) _____

Work Phone _____ Home Phone _____

Cell Phone _____ E-mail Address _____

Type of continuing education credit requested: CME CNE AAST RT Certificate of Attendance

Registration fees:

Full Conference - Includes Friday-Saturday and KASP membership fee.
\$125 if postmarked by 10/20/17; \$175 thereafter.

Single Day, Nov. 3 - Single day includes KASP membership fee
\$75 if postmarked by 10/20/17; \$125 thereafter.

Single Day, Nov. 4 - Single day includes KASP membership fee
\$75 if postmarked by 10/20/17; \$125 thereafter.

If you will need special accommodations or have dietary restrictions, please mark the box provided and return to KU Medical Center AHEC at least two weeks prior to the program date. You will be contacted personally by a member of the continuing education staff.

OFFICE USE ONLY

Payment method:

Check enclosed made payable to *KU Medical Center AHEC* Mail to: *1501 S Joplin, Shirk Hall, 4th Floor, Pittsburg, KS 66762*;
Phone: *(620) 235-4040* or Fax: *(620) 235-4041*

P.O. # (please attach) _____

Charge my credit card: MasterCard VISA Discover

Card # _____ Exp. Date _____

Name on Card _____ 3-Digit Security Code _____

Billing Address _____

Receipt emailed to _____

KASP 2017 Conference
November 3 & 4, 2017
Overland Park, Kan.

KASP 2017 Conference

November 3-4, 2017



Kansas
Association
of Sleep
Professionals

DoubleTree by Hilton Kansas City-Overland Park
10100 College Blvd., Overland Park, Kan.